

# **CURRICULUM VITAE**

**Ahmed Adetola PSY.D., M.A.**

Clinical Psychologist, Rowan Center for Behavioral Medicine

## **PERSONAL INFORMATION**

### **Work Address**

Rowan Center for Behavioral Medicine

100 West Rd, Suite 300

Towson, MD 21240

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## **EDUCATION**

### **Marywood University**

Scranton, PA

Doctorate in Clinical Psychology, Psy.D.

APA Accredited

GPA: 3.8/4.0

Graduated: 2022

### **Marywood University**

Scranton, PA

Masters of Arts in Clinical Psychology, M.A.

GPA: 3.8/4.0

Graduated: 2018

### **Morgan State University**

Baltimore, MD

Bachelors of Science in Biology, B.S.

GPA 3.7/4.0

Graduated: 2014

## **VOCATIONAL POSITIONS**

### **Rowan Center for Behavioral Medicine**

Clinical Psychologist

2024 – present

### **Peak Wellness Therapeutic Services**

Clinical psychologist

2024 – present

## **CONSULTATION EXPERIENCE**

### **Cleveland State University Predoctoral Internship - "Wellfest"**

2019 – 2020

Participated in planning a wellness event programing. Developed a mental health activity for the wellness event.

## **POST-DOCTORAL EXPERIENCE**

### **Harmony Holistic**

2023 – 2024

Supervisor: Dr. Melanie Ricaurte, Psy.D.

Conducted intake interviews. Provided individual and couple's therapy to diverse outpatient population. Received individual and group supervision.

## **POST-INTERNSHIP PRE-DOCTORAL EXPERIENCE**

### **John G. Kuna, Psy. D. and Associates**

2020 – 2022

Supervisor: Dr. John G. Kuna, Psy.D.

Conducted interviews. Provided individual and couple's therapy to community members. Received individual and group supervision. Engaged in case management, making necessary referrals to other treatment professionals, and preparing various documentation requests by clients such as documents for medical assisted treatments (MAT), emotional support animals, and documentation for client's seeking disability. Consulted and collaborated with other professionals in client's care such as psychiatrists and other psychologists conducting psychodiagnostic assessments. Completed some billing responsibilities (scanning insurance cards, collecting co-pays, filling out weekly client attendance logs, and sending pertinent information to the billing department).

**Hours:** 2,600 direct intervention hours (individual and couples counseling). 106 Individual supervision hours. 4 group supervision hours received. 2,710 total hours.

## **PREDOCTORAL INTERNSHIP EXPERIENCE**

### **Cleveland State University Counseling Center**

2019 – 2020

Psychology Intern

Supervisors: Dr. Bruce Menapace, Ph.D. and Dr. Paula Mickens-English, Ph.D.

Provided Individual, couples, and group therapy to diverse student population. Received individual and group supervision. Was available for weekly crisis walk-in appointments and conducted various brief crisis services. Administered, scored, and interpreted client psychological outcome assessment. Conducted request for service phone screening interviews and face-to-face intake interviews. Conducted various outreach presentations and programs, and consulting opportunities. Received numerous didactic trainings. Participated in training and program development committees. Conducted disability assessments for clients.

**Hours:** 449 Individual therapy hours. 60 Group therapy hours. 3 Couples therapy hours. 102.75 Individual supervision hours. 115.25 Group supervision hours. 2051.25 Total hours.

## **SUPERVISED PRACTICUM EXPERIENCE**

### **Counseling/Student Development Center**

2016- 2019

Counseling Center- Marywood University

Practicum Trainee

Supervisors: Robert Shaw Psy.D., Dr. Amy Kilker-Kurkovich, Psy.D and Chelsea Graziano, M.A., Doctoral Candidate

Providing individual and group psychotherapy to diverse college population. Conducted clinical interviews (scheduled intakes and triage walk-in students), administered and scored psychological tests (psycho-diagnostic, personality etc.), and completed related psychological and intake reports for assigned clients. Co-developed curriculum for a mindfulness and DBT skills group. Provided psycho-educational presentations to assigned student groups (stress management, time management etc.) Participated in didactic training on utilizing mindfulness in therapy with clients. Received individual supervision. Participated in outreach programming for the university students.

### **Psychological Services Center**

2014 – 2019

Community Mental Health- Marywood University

Practicum Trainee

Supervisors: David Renjilian, Ph.D., Renae Courtney, Psy.D., Tracie Pasold, Ph.D., Mathew Schaffer, Psy.D., Kylie McColligan-Oleski, Psy.D., Dr. Caroline Johanson, Ph.D.

Provided individual, couples, and family psychotherapy to culturally and economically diverse clients in a community mental health setting. Attended group, individual, and peer supervision. Conducted diagnostic clinical interviews to ensure appropriate level of care (e.g., short vs. long-term psychotherapy). Administered, scored, and interpreted psychological assessments. Completed diagnostic and psychological assessment reports. Researched, created, and implemented evidenced-based treatment plans. Conducted depression and anxiety screening interviews for students and community members. Disseminated mental health information to community members during various community outreach events.

### **John G. Kuna, Psy. D. and Associates**

2017 - 2018

Private Practice

Practicum Trainee

Supervisor: John G. Kuna Psy.D.

Providing individual psychotherapy to culturally and economically diverse clients in a private-practices setting. Received individual supervision. Engaged in weekly didactic training and case conference. Administered, scored, interpreted psychological assessments, and completed psychological assessment reports. Completed some billing responsibilities (scanning insurance cards, collecting co-pays, filling out weekly client attendance logs, and sending pertinent information to billing department).

**Our Lady of Peace Residence- Marywood University**  
Geriatric Assessment Practicum  
Practicum Trainee  
Supervisor: Brooke Cannon Ph. D.

2016

Conducted clinical interviews, administered, scored, interpreted, and reported on assessments (including DRS-2, MMSE, Clock Drawing Test, and Geriatric Depression and Anxiety Scales) specific to an older adult population. Completed related psychological reports for geriatric patients. Provided feedback and recommendations to patients' treatment teams regarding diagnostic impression.

### **PRACTICUM TOTAL HOURS**

686.5 direct intervention hours. 52 Assessment hours. 655 supervision hours. 2229.5 total Hours.

### **GROUP THERAPY EXPERIENCE**

#### **Cleveland State University predoctoral internship**

“Connections” 2019 – 2020  
Co-led an interpersonal process group for students that struggles with making interpersonal connections

“Taming the anxious mind” 2019 – 2020  
Co-led a mindfulness-based skills group that incorporated in-group meditation practice

“Mindful coping” 2020 – 2020  
Led a skills mindfulness group that engaged in in-group meditations.

### **ASSESSMENT EXPERIENCE**

#### **Cleveland State University predoctoral internship**

Counseling Center Assessment of Psychological Symptoms (CCAPS) 2019 – 2020  
The Wechsler Adult Intelligence Scale, 4<sup>th</sup> Edition (WAIS-IV) 2019

Training in administering the WAIS-IV

The Woodcock-Johnson, 4<sup>th</sup> Edition (WJ-IV) 2020  
Training in administering the WJ-IV

**Counseling/Student Development Center** 2016 – 2019  
Counseling Center- Marywood University  
Practicum Trainee

Counseling Center Assessment of Psychological Symptoms (CCAPS)  
Minnesota Multiphasic Personality Inventory (MMPI 2)  
Millon Clinical Multiaxial Inventory (MCMI III)

Beck Depression Inventory (BDI)  
Beck Anxiety Inventory (BAI)  
Test of Variables of Attention (TOVA)  
Multidimensional Self-esteem Inventory (MSEI)

**Psychological Services Center**  
Community Mental Health- Marywood University  
Practicum Trainee

2014 – 2019

Minnesota Multiphasic Personality Inventory (MMPI 2)  
Millon Clinical Multiaxial Inventory (MCMI III)  
Beck Depression Inventory (BDI)  
Beck Anxiety Inventory (BAI)  
Symptom Checklist 90 Revised (SCL-90-R)  
Multidimensional Self-esteem Inventory (MSEI)

**John G. Kuna, Psy. D. and Associates**  
Private Practice  
Practicum Trainee

2017 – 2018

Beck Depression Inventory (BDI)  
Beck Anxiety Inventory (BAI)  
Columbia-Suicide Severity Rating Scale (C-SSRS)  
Life Events Checklist (LEC)  
Gilliam Autism Rating Scale 2<sup>nd</sup> Edition  
Wechsler Nonverbal Scale of Ability

## **SUPERVISORY EXPERIENCE**

**Supervision Practicum**  
Marywood University, Scranton, Pennsylvania  
*Student Supervisor*

2018 – 2019

Provided individual supervision to student-therapists in the Psy.D. program. Received group supervision for the supervision I provided to supervisees. Provided tape review as well as written and oral feedback to supervisees on their clinical work and professional development.

**Cleveland State University predoctoral internship**  
“umbrella supervision”  
Providing individual supervision to one doctoral level practicum student

2020 – 2020

**Cleveland State University predoctoral internship**  
Group supervision  
Cofacilitating group supervision to four doctoral level practicum students

2019 – 2020

## RESEARCH EXPERIENCE

**Dissertation**, Marywood University, Scranton, PA 2022  
Advisor: Estelle Campenni, Ph.D.  
The Mediating Effect of Racial Identity on the Role of Racial Socialization in Predicting Academic Achievement in Black Students

**Professional Contribution**, Marywood University, Scranton, PA 2018  
Advisor: Estelle Campenni, Ph.D.  
Examining the relationship between racial socialization, racial identity, and the academic achievement of Black college students.

## PROGRAM DEVELOPMENT

**Cleveland State University** 2020  
**Support group therapy**  
“Responding to racism”  
Co-developed a curriculum with fellow staff for a support group curriculum to provide student a safe space to speak about racism

**Marywood University** 2018  
*UPSIDE: “Underrepresented Psychology Student Inclusion, Development, and Empowerment”*  
One of the founding members of the UPSIDE organization. The mission of the organization is to promote greater recruitment and retention of graduate psychology students from underrepresented groups.

**Psychoeducational group therapy** 2018  
Mindfulness, Relaxation, & Emotional Acceptance  
Co-developed a psychoeducational and skills group curriculum with a fellow student to teach university students the theory of mindfulness and emotional acceptance, while also teaching and practicing mindfulness, relaxation, and emotional acceptance interventions.

## PROFESSIONAL DEVELOPMENT

**Cleveland Psychological Association** 2019  
“Exposure with Response Prevention for OCD: An Idiographic Approach”

**Cleveland State University** 2019  
Safe space training  
Learning about gender-identity, LGBTQ+ terminology, gender expression, sexual orientation etc.

**Continuing Education** (6 hours) 2018  
Marywood University  
Integrating Mindfulness Concepts in Individual and Group Counseling

**Intercollegiate Counselors Consortium** 2018  
**Continuing Education**  
Marywood University  
Motivational Interviewing and Addictions

**Continuing Education** (7 hours) 2015  
Marywood University  
Medication for the brain: Psychotropic medications/psychiatric medications

**Continuing Education** (7 hours) 2015  
Marywood University  
Understanding gender identity: Becoming a trans-inclusive provider

**Mandated Child Abuse Reporter Training Under Act 31** 2015

**Our Lady of Peace Dementia Group** 2014  
Marywood University, Scranton, PA  
Participated in a group therapy with Immaculate Heart of Mary (IHM) Sisters with dementia

**Aphasia support group** 2014  
Marywood University, Scranton, PA  
Observed a support group for individuals with stroke related aphasia

### **PROFESSIONAL ORGANIZATIONS**

**American Psychological Association** 2020

**Association of Black Psychologists, Cleveland, Ohio chapter (ABpsi)** 2019

### **PRESENTATIONS**

**Cleveland State University Pre-Doctoral Internship** 2019  
Presented to residence assistants on the services on the counseling center, signs and symptoms of common mental health concerns for college students, and how to refer students to the counseling center

**Cleveland State University Pre-Doctoral Internship** 2019  
Presented to a freshman class on the services of the counseling center

**Marywood University** 2018  
“Don’t cancel that class”  
Presented on stress management

**Case Conference** 2017  
Presented relevant information on a client I was treating to the students and faculty in my doctoral program and received feedback on my conceptualization and treatment of client.

**Community Outreach Presentation** 2015  
Presented to a predominantly African-American local church (Bethel AME, Scranton, PA) on the importance and benefits of seeking mental health treatment and provided information about a local community mental health center, (Psychological Services Center) where I was an intern) and where they could seek affordable mental health services.

**Peer Counseling Program** 2012  
Morgan State University  
Presented on Time Management and Goal Setting

**Peer Counseling Program** 2012  
Morgan State University  
Presented on Stereotypes and Assimilation

### **LEADERSHIP POSITIONS**

**Spring Break Service Trip- Kensington, Philadelphia** 2018  
*Service Trip Group Advisor*

I oversaw pre-trip preparations duties. I was in communication with the Service Coordinator in Philadelphia to obtain information to disseminate to the members of the service group about preparation, conduct, etc. While on the trip, I was tasked with keeping the group safe and keeping them motivated to engage in service. I was tasked with making sure the group members respect the service we were doing and leading a nightly reflection of what we did each day. I was tasked with transporting the group members and managing the finances by providing funds to members when needed and accumulating the receipts.

**Fall Break Service Trip – Scranton, Pennsylvania** 2017  
**Marywood University**

*Service Trip Group Advisor*

I was responsible for transporting the student volunteers from one service site to the next. I oversaw handling the money and when needed providing funds to participants for food and I accumulated all the receipts received. I represented Marywood University at every service site we went so upon arrival at a volunteer site, I would communicate with the staff to coordinate the service activity. I led daily reflections at the end of every service event we did. We were tasked with manually removing weeds from an area designated to be a garden. We decluttered an old office space for “NeighborWorks” (a local volunteer organization), which included disposing of trash and furniture. We attended a food distribution center and where we packaged foods in boxes to be donated to families in need.



**Graduate Assistant to Director of Clinical Training of Psy.D. Program** 2016  
**Marywood University**  
Director of Clinical Training: Dr. Edward O'Brien Ph. D.

Supported Dr. O'Brien's Psy.D. program research and Lecturer tasks. Assisted Dr. O'Brien set up classroom tasks and helped his student complete class projects. Tracked and updated the Psy.D. program outcome data. Researched other Psy.D. programs website to help update Marywood's Psy.D. program website. Participated in planning and carrying out interview days for new applicants to the Psy.D. program. Researched and cataloged factual information about the top Psy.D. programs to see how Marywood's Psy.D. program compared with other Psy.D. programs and how it could be improved. Assisted Dr. O'Brien with his research by conducting literature searches and noting specified information from each article researched.

**Association for Neuropsychology Students in Training:** Subdivision of American Psychological Association (APA)  
**Vice President** 2015 – 2016

Presented event ideas to the President and other elected officers of the organization. Planned and organized events for the organization to bring its members together and have stimulating discussions about the field of neuropsychology. Delegated people to attend various events that a few representatives of the organization had to attend when the vice president was not available to attend these events. Created a novel way to know every member's schedule to pick a day and time that most members will be able to attend the various meetings. Brainstormed with the other officers what events the organization should partake in. Surveyed members to find out what events they were more interested in participating in. Planned a mandatory service event based on organizational obligations to preserve organizations active status.

**Diversity United** 2015 – 2016  
**Treasurer**

Managed the organizations budget and helped to plan ways to fundraise to increase budget. Helped brainstorm the best way to utilize our budget based on various event ideas. I elected to represent the organization in being interviewed about the organization. I answered questions related to the mission of the organization, the importance of Black History Month, and what events the organization was planning on hosting.

### **COMMUNITY OUTREACH EXPERIENCE**

**Cleveland State University Pre-Doctoral Internship** 2019  
"Magnus fest"  
Welcomed freshman students to campus and participated in tabling for the counseling center, informing students about the services provided by the counseling center

**Cleveland State University Pre-Doctoral Internship** 2019  
Radio interview, “images”  
Interviewed on the importance of mental health in the African American community

**Cleveland State University Pre-Doctoral Internship** 2019  
Depression screening  
Scored and interpreted depression screeners. Provided feedback to students and made treatment recommendations

**Behind Closed Doors** 2018  
Resident Assistant Training  
Marywood University

Observed a role play where current resident assistants presented as two roommates in conflict and the resident assistants were supposed to attempt to resolve the issue. My role was to pay attention to how the new resident assistants dealt with the issue, more specifically pay attention to if the new residents assistants are displaying good therapeutic skills while resolving the issue. I was to present alternative ways that the new resident assistants could have resolved the issue. I presented information to the new and old resident assistants about effective ways to give criticism and receive criticism.

**Promoting Awareness of the College Transition Training** 2017  
**Marywood University**

Presented to a group of Freshman college students about the prevalence of sexual assault for freshman’s during the first few weeks of the start of school. We presented information to them about the benefit of clearly obtaining consent when involved in a sexual interaction. We informed them of the danger of pursuing sexual contact with someone that had been drinking and explaining that such individuals may not be able to provide consent. We informed them of the benefits of having transparent communication when it comes to sexual interactions. We informed them of the availability of the Counseling Student/Development Center and the services we offered in case they ever needed it.

**Eating Disorder Screening Day**  
**Psychological Services Center – Marywood University** 2015  
Administering, scoring, interpreting screening measures, and providing feedback to students and community members

**Depression Screening Day**  
**Psychological Services Center – Marywood University** 2014, 2015  
Administering, scoring, interpreting screening measures, and providing feedback to students and community members

**Anxiety Screening Day**  
**Psychological Services Center – Marywood University** 2014, 2015  
Administering, scoring, interpreting screening measures, and providing feedback to students and community members

**Volunteer, Senior Health Fair and Depression Screening Day** 2014  
PNC field, Moosic, PA  
Encouraged and directed seniors to get a depression screening

### **VOLUNTEER EXPERIENCES**

**Spring Break Service Trip – Kensington, Philadelphia** 2018  
**Marywood University**

Lived and worked at a soup kitchen, where we prepared home cooked meals to serve to individual that were homeless and/or addicted to drugs and/or and poor living in the community. We went grocery shopping to buy the foods that we would prepare for the week. We interacted with and spoke with the people we were serving to get to know them. We also ate the meals we prepared for those we served. We did a thorough cleaning of the soup kitchen and cleaned up after every meal we served. We attended morning mass every morning. We attended an Alcoholics Anonymous meeting and listened to an individuals tell stories in relation to their addictions. We visited another local facility that serves lunches every day to those in the community in need and we helped the facility serve some lunches. We attend a local abandoned railway track called “graffiti park” and helped to clean pick-up trash.

**Spring Break Service Trip – San Lucas, Guatemala** 2017  
**Marywood University**

Assisted the local health workers at a local make-shift health center with data collection from weighing children and measuring their heights to get a sense of their malnutrition levels. Malnourished children were given supplements high in calories. Interacted and communicated with moms in Spanish while they waited for their children to be assessed and entertained the children. We accompanied the local health workers to perform home visits to collect data on the nutritional habits of the moms with hopes of assessing the level of malnutrition in moms, which could help alter malnourishment in their offspring. We conducted a public service presentation to local moms on healthy foods available to them versus other available unhealthy food choices with the aim of helping them make better food choices for consumption. We assisted a volunteer team of dentist and dental students and helped Apply fluoride to the teeth of various local students at a school to help protect their teeth from decay due to poor food choices and inadequate or absent teeth brushing. Attended various facilities built by a late Catholic father, Father Greg, who invested in the community of San Lucas. We visited a facility that trains women in cooking and weaving so they can capitalize on those skills. We visited a facility where locals grow and processes coffee beans to be exported, as coffee is one of the main exports of Guatemala

**“NeighborWorks”, Scranton, PA** 2017  
**Hang Around Scranton**

Volunteered in a fundraising event for a local service organization. Participants who donated money had the opportunity to repel down the external walls of a bank in downtown Scranton. I assisted with helping participants get out of their repelling gear once they had repelled down the bank. Then I transported their repelling gear back to the top of the bank, for more participants waiting to repel.

**“NeighborWorks”, Scranton, PA** 2015  
**Home Improvement**  
Volunteered with NeighborWorks to repaint a client’s house that was chosen by NeighborWorks

**Fall Break Service Trip** 2015  
**Marywood University**

Volunteered at a food distribution center and sorted and packed foods in boxes to be sent to families. Volunteered with a local organization called “NeighborWorks”, who do minor home improvements for the older citizens or people of lower income in the community. Helped re-stain a back deck and decluttered the backyard. Volunteered at a local church to sort clothes by sizes, gender, season, for people experiencing homelessness to obtain clothes. We also provided meal food to the people experiencing homelessness that came to obtain clothes. We attended an Alcoholic Anonymous meeting to gain knowledge and experience. The service trip organizer invited six individuals with a history of drug addiction, who were currently sober, to share their stories and they also answered some of our questions.

**Martin Luther King Jr. Day of Service** 2015  
Marywood University, Scranton, PA  
Collaborated with a local service organization called “Friends of the Poor” to help kids make greeting cards for people experiencing homelessness

**Volunteer, Manor Care Health Services, Towson, MD** 2013  
Assisted in providing cognitively and emotionally stimulating activities for the residence to entertain and stimulate their mind.

### **HONORS AND AWARDS**

**Marywood University-I.H.M Scholarship** 2014 – 2018

**Marywood University-Diversity Scholarship** 2014 – 2018

**Morgan State University- Magna Cum Laude** 2014

<b>Morgan State University-<i>Peer Counsellor of the Year</i></b>	2013
<b>Morgan State University-<i>Outstanding Scientific Poster Presentation in Biology</i></b>	2012
<b>Morgan State University- Golden Key Honor Society</b>	2011-present
<b>Morgan State University- <i>Dean's List</i></b>	2010 – 2014
<b>Morgan State University- <i>Academic Scholarship</i></b>	2010 – 2014