## Curriculum Vitae Leah M. Adams, Ph.D.

Clinical Psychologist, Rowan Center for Behavioral Medicine

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Fairfax, VA 22031 E-mail: ladams@rowancenterla.com

#### **EDUCATION**

Ph.D., Clinical Psychology, George Mason University

August 2014

College of Humanities and Social Sciences (Fairfax, VA)

Advisor: June Tangney

Dissertation: Does place matter? An examination of neighborhood disadvantage and HIV risk.

M.A., Psychology, George Mason University

January 2010

College of Humanities and Social Sciences (Fairfax, VA)

Advisor: June Tangney

**B.S.**, **Psychology** (Mathematics & Criminal Justice), University of Richmond

May 2008

summa cum laude

College of Arts and Sciences (Richmond, VA)

#### PROFESSIONAL LICENSES & CERTIFICATIONS

Licensed clinical psychologist

Virginia: License No. 0810008297, September 2023 – present Washington: License No. PY60600726, January 2016 – present

#### **EMPLOYMENT**

Associate Director of Clinical Training, George Mason University

May 2024 – present

Clinical Psychology Program (APA-accredited), Department of

Psychology

Interim Director of Clinical Training, George Mason University January 2024 – April 2024

Clinical Psychology Program (APA-accredited), Department of

Psychology

**Associate Professor,** George Mason University

August 2023 – present

Clinical Psychology Program, Department of Psychology

Women & Gender Studies Program (joint appointment)

**Associate Director of Clinical Training,** George Mason May 2022 – December 2023

University

Clinical Psychology Program (APA-accredited), Department of

Psychology

**Assistant Professor,** George Mason University August 2016 – August 2023

Clinical Psychology Program, Department of Psychology

Women & Gender Studies Program (joint appointment)

Founded Mental-Physical Health and Behavior (M-PHAB) at GMU research laboratory

Post Doctoral Research Fellow, National Institute on Aging T-32

Post Doctoral Fellow in Women's Health and Aging

Group Health Research Institute

Seattle, WA

**PSYCHOTHERAPY** 

## **AWARDS & HONORS**

2022	Outstanding Faculty Award – Rising Star [awarded to two early career faculty members across all of Virginia's private and public colleges and universities, across all disciplines and areas for recognition of excellence in teaching, research,
	across an disciplines and areas for recognition of excenence in teaching, research, and service, and integration of each], State Council of Higher Education for Virginia (SCHEV)
2014	Dr. Nancy Robinson "Director's Prize" in Psychology, University of
	Washington
2012	Dean's Challenge Award, College of Humanities & Social Sciences,
	George Mason University
2010	Outstanding Graduate Instructor, Psychology Department, George Mason
	University
2010	Outstanding Advanced Clinical Student, Psychology Department, George
	Mason University
2010 - 2013	NIH Ruth L. Kirschstein National Research Service Award (NRSA/F-31),
	National Institute on Drug Abuse
2010	Best Student Presenter, Virginia Social Science Association
2009	Outstanding First Year Clinical Student Award, Psychology Department,
	George Mason University
2008	Phi Beta Kappa Inductee (May 2008)

#### CLINICAL EXPERIENCE

2020 - 2024	University of Washington, Seattle, WA
	Setting: NIH-funded research study, virtual
	Cognitive-behavioral therapist

Provide 10-week manually-based group cognitive-behavioral treatment for pain management and physical activity increases among older adults diagnosed with knee osteoarthritis.

2014 - 2016University of Washington, Seattle, WA

Setting: NIH-funded research study, outpatient setting

Cognitive-behavioral therapist

Provided 8-week manually-based individual cognitivebehavioral treatment for pain management among adults

diagnosed with fibromyalgia.

Supervisors: Katherine Raichle, PhD; Dennis Turk, PhD

2013 - 2014 Harborview Medical Center, Seattle, WA

Setting: Level 1 Trauma Medical Center

Pre-doctoral Psychology Resident

Served as a member of the Rehabilitation Medicine department by providing consultation-liaison psychology services to patients

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July 2014 – July 2016

and their families on the inpatient rehabilitation unit, trauma intensive care units (adult and pediatric) and burn unit; provided support to staff who serve these patients. Provided short-term evidence-based outpatient psychotherapy to patients and their families seen in the Comprehensive Outpatient Rehabilitation Program (CORP), pediatric outpatient clinic, and Madison HIV clinic. Participated in weekly individual and group supervision. *Supervisors:* Joshua Dyer, Ph.D.; Shelley Wiechman, Ph.D.; Jeffrey Sherman, Ph.D.; Charles Bombardier, Ph.D.; Christina Graham, Ph.D.; Eric Strachan, Ph.D.

2009 - 2013

GMU Center for Psychological Services, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic Student Psychotherapist

Provided weekly cognitive-behavioral psychotherapy to a diverse set of adult and child clients presenting with depression, anxiety, behavior problems, and specific phobias. Participated in weekly individual supervision.

Supervisors: James Maddux, Ph.D.; Robyn Mehlenbeck, Ph.D.

Summer 2012

## **Veterans Affairs Medical Hospital, Infectious Diseases**

Washington, DC

Setting: Medical Center

Psychology Extern

Provided individual psychotherapy to outpatient veterans experiencing distress related to HIV/AIDS management and other medical conditions. Co-facilitated a weekly HIV/AIDS support group.

Supervisor: Ali Esfandiari, Ph.D.

2011 - 2012

## Inova Fairfax Hospital Pediatric Endocrine Specialty Clinic,

Fairfax, VA

Setting: Outpatient Medical Clinic

Behavioral Health Extern

Worked within a treatment team of nurses and physicians to provide brief evidence-based (e.g., cognitive, behavioral, motivational interviewing) interventions to improve treatment adherence of children and adolescents diagnosed with Type 1 diabetes mellitus and their families. Provided psychological consultation services to nurses and endocrinologists to aid patients' treatment adherence. Participated in weekly multidisciplinary staff team meetings with doctors and nurses to discuss client care.

Supervisor: Robyn Mehlenbeck, Ph.D.

2011 - 2012

## Inova Fairfax Hospital Behavioral Health Services, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic Behavioral Health Extern

Provided evidence-based therapy to patients diagnosed with a variety of disorders ranging in severity (e.g., major depression,

bipolar disorder, schizophrenia, borderline personality) seen at Behavioral Health for psychiatric medication management. Treated psychiatric issues related to the diagnosis of a variety of medical illnesses (e.g., multiple sclerosis, Lyme disease, Wegener's granulomatosis).

Supervisor: Robyn Mehlenbeck, Ph.D.

2009 - 2012

## Human Emotions Research Lab, George Mason University,

Fairfax, VA

Setting: County Jail

Motivational Interviewing Practitioner

Completed intensive training to conduct one-session motivational interviewing intervention with adult jail inmates nearing release from the Fairfax Adult Detention Center as part of a NIH-funded randomized controlled trial. Sessions focused on enhancing inmates' intrinsic motivation to make desired changes (e.g., avoiding negative peer influences, maintaining sobriety, avoiding criminal activity). Attended bi-weekly group supervision.

Supervisor: June Tangney, Ph.D.

ASSESSMENT 2013 - 2014

### Harborview Medical Center, Seattle, WA

Setting: Level 1 Trauma Medical Center Pre-doctoral Psychology Resident

Integrated information from neuropsychological assessment batteries, brain imaging findings, and medical records to write brief reports for inpatient rehabilitation team to help determine appropriate referral and follow-up for patients on the inpatient rehabilitation unit presenting with TBI, stroke, and other brain injuries. Conducted brief neuropsychological screenings and wrote reports to assess for HIV-Associated Neurocognitive Disorder among people living with HIV seen at the Madison clinic. Participated in weekly individual neuropsychology supervision.

Supervisors: Myron Goldberg, Ph.D.; Eric Strachan, Ph.D.

2012 - 2013

## Private Practice of Barry Ekdom, Ph.D., Fairfax, VA

Setting: Community Outpatient Neuropsychology Clinic <a href="Psychometrist">Psychometrist</a>

Administered and scored comprehensive assessment batteries for children, adolescents, and adults presenting with learning, neurological, and developmental concerns.

Supervisor: Barry Ekdom, Ph.D.

2009 - 2013

## GMU Cognitive Assessment Program, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic Psychodiagnostic Evaluator

Conducted child comprehensive psychological assessments for ADHD, learning disorders, and social-emotional functioning. Performed assessments of cognitive functioning for children

aged 7 to 12 years for Fairfax County's Advanced Academic

Program.

Supervisor: Dawna Thompson, Ph.D.

2009 - 2013

GMU Center for Psychological Services, Fairfax, VA

Setting: Community Outpatient Mental Health Clinic

Psychodiagnostic Evaluator

Conducted child and adult comprehensive psychological assessments ADHD, learning disorders, and social-emotional functioning. Conduct court-mandated and non-mandated mental

health evaluations for Fairfax County.

Supervisors: James Maddux, Ph.D.; Robyn Mehlenbeck, Ph.D.,

Joy Granetz, Ph.D., & Jerome Short, Ph.D.

2009 - 2012

## Human Emotions Research Lab, George Mason

University, Fairfax, VA Setting: County Jail Forensic Examiner

Certified in administration and scoring of the Psychopathy Checklist-Revised (PCL-R) and the Psychopathy Checklist Screening Version (PCL:SV). Conducted in-depth semi-structured clinical interviews with adult jail inmates at the Fairfax Adult Detention Center as part of a NIH-funded randomized controlled trial. Reviewed interview and official jail records to score the PCL:SV and the Violence Risk Appraisal Guide (VRAG).

Supervisor: Mark Hastings, Ph.D.

#### RESEARCH INTERESTS

My program of research focuses on promoting physical and mental health in the presence of adversity. To this end, my research follows two established lines: 1) positive psychosocial adaptation after injury, illness, and/or life transition and 2) HIV/AIDS prevention and treatment among groups disproportionately affected by the virus. Across both lines of research, I address health inequities; this emphasis has recently evolved into a separate line of research that explicitly includes the roles of policy, historical context, and structural factors on health promotion among minoritized people.

#### **PUBLICATIONS**

#### PEER-REVIEWED JOURNAL ARTICLES

- 42. Liebe, R.A., Porter, K.J., **Adams, L.M.**, Hedrick, V.E., Serrano, E.L., Cook, N., & Misyak, S.A. (2024). 'I'm doing the best that I can': Mothers' lived experience with food insecurity, coping strategies, and mental health implications. *Current Developments in Nutrition*, 8(4), 102136.
- 41. Roess, A. A., \*Henderson, L. F., **Adams, L. M.**, & Renshaw, K. D. (2023). Association between firearm purchasing in response to the COVID-19 pandemic and symptoms of anxiety, depression, and stress, August 2021. *AJPM focus*, *3*(1), 100171. https://doi.org/10.1016/j.focus.2023.100171

<sup>\*</sup>denotes graduate student co-author at time of submission

<sup>\*\*</sup>denotes undergraduate/post-bac student co-author at time of submission

<sup>^</sup>denotes equal contribution

- 40. \*Ramseur II, K., Cattaneo, L.B., \*Stori, S., & **Adams, L.M.** (2023). Black men need friends: Social support moderates the connection between gendered racism and psychological distress. *Psychology of Men & Masculinities*. doi.org/10.1037/men0000449
- 39. \*Liebe, R.A., **Adams, L.M.**, Hedrick, V.A., Serrano, E.L., Porter, K.J., Cook, N.E., & Misyak, S.A. (2023). Developing a conceptual framework for the relationship between food security status and mental health among low-income mothers. *Frontiers in Sustainable Food Systems*, doi.org/10.3389/fsufs.2022.1078811
- 38. \*Patarinksi, A.G.G., **Adams, L.M.**, & Fischer, S. (2023). Examining the relationship of eating disorder symptoms and perfectionism in men and women using two assessments of eating pathology. *Eating Behaviors*. doi.org/10.1016/j.eatbeh.2023.1010704
- Katta-Charles, S., Adams, L.M., Chiaravalloti, N.D., Hammond, F.M., Perrin, P.B., Rabinow, A., Venkatesan, U., Weintraub, A., & Bombardier, C.H. (2023).
   Depression, anxiety, and suicidality in individuals with chronic traumatic brain injury during the COVID-19 pandemic. *Archives of Physical Medicine & Rehabilitation*, 104(4), 619 – 630.
- 36. Venkatesan, U.M., **Adams, L.M.**, Rabinowitz, A.R., Agtarap, S., Bombardier, C.H., Bushnik, T., Chiaravalloti, N.D., Juengst, S.B., Katta-Charles, S., Perrin, P.B., Pinto, S.M., Weintrub, A., Whiteneck, G.G., & Hammond, F.M. (2023). Societal participation of people with traumatic brain injury before and during the COVID-19 pandemic: A NIDILRR Traumatic Brain Injury Model Systems Study. *Archives of Physical Medicine & Rehabilitation*. Advance online publication. https://doi.org/10.1016/j.apmr.2023.01.009
- 35. Roess, A.A., \*Henderson, L.F., **Adams, L.M.**, & Renshaw, K.D. (2023). Predictors of firearm purchasing during the coronavirus pandemic in the United States: A cross-sectional study. *Public Health*, 219, 159 164.
- 34. \*Hokes, K.E., & **Adams, L.M.** (2022). The longitudinal development of posttraumatic growth among U.S. adult burn injury survivors. *Rehabilitation Psychology*. Advance online publication. https://doi.org/10.1037/rep0000447
- 33. \*Volgenau, K.M., \*Hokes, K.E., \*\*Hacker, N., & **Adams, L.M.** (2022). A network analysis approach to understanding the relationship between childhood trauma and wellbeing later in life. *Child Psychiatry and Human Development*. Advance online publication. https://doi.org/10.1007/s10578-022-01321-y
- 32. \*Liebe, R.A., **Adams, L.M.**, Hedrick, V., Serrano, E.L., Porter, K.J., Cook, N.E., & Misyak, S.A. (2022). Understanding the relationship between food security and mental health for food-insecure mothers in Virginia. *Nutrients*, *14*(7), 1491. https://doi.org/10.3390/nu14071491
- 31. ^Adams, L.M., & ^Miller, A.B. (2022). Mechanisms of mental-health disparities among minoritized groups: How well are the top journals in clinical psychology representing this work? *Clinical Psychological Science*, 10(3), 387 416. https://doi.org/10.1177/21677026211026979
- 30. \*Hunt, A.D., & **Adams, L.M**. (2021). Perception of unmet need after seeking treatment for a past year major depressive episode: Results from the 2018 National Survey of Drug Use and Health (NSDUH). *Psychiatric Quarterly*, 92(3), 1271 1281. https://doi.org/10.1007/s11126-021-09913-y

- 29. Cuellar, A.E., **Adams, L.M.**, de Jonge, L., Espina, V., Espinoza, L., Fischer, S.F., Frankenfeld, C.L., Hines, D.A., Kornienko, O., Lawrence, H.Y., Rana, Z.H., Ramezani, N., Rossheim, M.E., Short, J.L., Waithaka, E.N., Wilson, A.N., & Cheskin, L.J. (2021). Protocol for *Mason: Health Starts Here* prospective cohort study of young adult college students. *BMC Public Health*, 21, 897. https://doi.org/10.1186/s12889-021-10969-5
- 28. \*Pak, K.N., \*Nelson, J., **Adams, L.M.**, & Fischer, S. (2021). Mixture modeling of non-suicidal self-injury and binge eating: Behaviors and motive. *Behavior Therapy*, *52*(*5*), 1265 1276. https://doi.org/10.1016/j.beth.2021.02.005
- 27. **Adams, L.M.**, Gell, N.M., \*\*Hoffman, E.V., Gibbons, L.E., Phelan, E.A., Sturgeon, J.A., Turk, D.C., & Patel, K.V. (2021). Impact of COVID-19 'Stay Home, Stay Healthy' orders on function among older adults participating in a community-based, behavioral intervention study. *Journal of Aging & Health*, 33(7-8), 458 468. https://doi.org/10.1177/0898264321991314.
- 26. \*Defayette, A.B., **Adams, L.M.**, \*Whitmyre, E.D., \*Williams, C.A., & Esposito-Smythers, C. (2020). Characteristics of a first suicide attempt that distinguish between adolescents who make single versus multiple attempts. *Archives of Suicide Research*, 24(3), 327 341. https://doi.org/10.1080/13811118.2019.1635931
- 25. Esposito-Smythers, C., Wolff, J., Liu, R., Hunt, J., **Adams, L.**, Kim, K., Frazier, E., Yen, S., Dickstein, D., & Spirito, A. (2019). Family-focused cognitive-behavioral treatment for depressed adolescents in suicidal crisis with co-occurring risk factors: A randomized trial. *Journal of Child Psychology and Psychiatry*, 60(10), 1133 1141. https://doi.org/10.1111/jcpp.13095
- 24. \*Whitmyre, E., **Adams, L.M.**, \*Defayette, A.B., \*Williams, C.A., & Esposito-Smythers, C. (2019). Is the focus of community-based mental health treatment consistent with adolescent psychiatric diagnoses? *Child and Youth Services Review, 103,* 247 254. https://doi.org/10.1016/j.childyouth.2019.06.010
- 23. \*Trojanowski, P.J., **Adams, L.M.**, & Fischer, S. (2019). Understanding profiles of student binge drinking and eating: The importance of motives. *Addictive Behaviors*, *96*, 148 155. https://doi.org/10.1016/j.addbeh.2019.04.025.
- 22. **Adams, L.M.,** Balderson, B., & Packett, B. (2018). Meeting the challenge: Hepatitis C virus and HIV care experiences among HIV specialty providers. *AIDS Patient Care & STDs*, 32(8), 314 320. https://doi.org/10.1089/apc.2018.0006
- 21. **Adams, L.M.,** & Turk, D.C. (2018). Central sensitization and the biopsychosocial approach to understanding pain. *Journal of Applied Biobehavioral Research*, 23(2), e12125. https://doi.org/10.1111/jabr.12125
- 20. **Adams, L.M.,** Balderson, B.H., Brown, K., Bush, S.E., & Packett, B.J. (2018). Who starts the conversation and who receives PrEP?: A brief online survey of medical providers' PrEP practices. *Health Education & Behavior*, 45(5), 723 729. https://doi.org/10.1177/1090198117752789
- Adams, L.M., Wilson, T.E., Merenstein, D., Milam, J., Cohen, J., Golub, E.T.,...& Cook, J.A. (2018). Using the Center for Epidemiologic Studies Depression Scale to assess depression in women with HIV and women at risk for HIV: Are somatic items invariant? *Psychological Assessment*, 30(1), 97-105. https://doi.org/10.1037/pas0000456

- 18. Turk, D.C., & Adams, L.M. (2016). Using a biopsychosocial perspective in the treatment of fibromyalgia patients. *Pain Management*, 6(4), 357-369. https://doi.org/10.2217/pmt-2016-0003
- 17. **Adams, L.M.**, & Balderson, B. (2016). HIV providers' likelihood to prescribe Pre-Exposure Prophylaxis (PrEP) for HIV prevention differs by patient type: A short report. *AIDS Care*, 28(9), 1154-1158. https://doi.org/ 10.1080/09540121.2016.1153595.
- 16. Bombardier, C.H., **Adams, L.M.**, Fann, J.R., & Hoffman, J.M. (2016). Depression trajectories during the first year after spinal cord injury. *Archives of Physical Medicine & Rehabilitation*, 97(2), 196-203. https://doi.org/10.1016/j.apmr.2015.10.083
- 15. **Adams, L.M.,** Stuewig, J., & Tangney, J.P. (2016). Relation of borderline personality features to pre-incarceration HIV risk behaviors of jail inmates: Evidence for gender differences? *Personality Disorders: Theory, Research, and Treatment, 7(1),* 40-49. https://doi.org/10.1037/per0000124
- Juengst, S.B, Adams, L.M., Arenth, P., Bergquist, T., Bogner, J., Bombardier, C....Wagner, A.K. (2015). Trajectories of life satisfaction after traumatic brain injury: Influence of life roles, age, cognitive disability, and depressive symptoms. *Rehabilitation Psychology*, 60(4), 353-364. https://doi.org/10.1037/rep0000056
- 13. **Adams, L.M.**, & Turk, D.C. (2015). Psychosocial factors and central sensitivity syndromes. *Current Rheumatology Reviews*, *11(2)*, 96-108. https://doi.org/10.2174/1573397111666150619095330
- 12. Miller, A.B., **Adams, L.M.**, Esposito-Smythers, C., Thompson, R., & Proctor, L.J. (2014). Parents and friendships: A longitudinal examination of interpersonal mediators of the relationship between child maltreatment and suicidal ideation. *Psychiatry Research*, 220(3), 998-1006. https://doi.org/10.1016/j.psychres.2014.10.009
- 11. **Adams, L.M.**, Tangney, J.P., Stuewig, J., & Kashdan, T. (2014). Perceived susceptibility to AIDS predicts subsequent HIV risk: A longitudinal evaluation of jail inmates. *Journal of Behavioral Medicine*, *37*, 511-523. https://doi.org/10.1007/s10865-013-9507-8
- 10. Kashdan, T.B., **Adams, L.**, Savostyanova, A., Ferssizidis, P., McKnight, P.E., & Nezlek, J.B. (2014). Sexual healing: Daily diary investigation of the benefits of intimate and pleasurable sexual activity in socially anxious adults. *Archives of Sexual Behavior*, *43*(7), 1417-1429. https://doi.org/10.1007/s10508-013-0171-4
- 9. **Adams, L.M.**, Kendall, S.J., Smith, A.C., Quigley, E.M., Stuewig, J., & Tangney, J.P. (2013). Changes in HIV risk behaviors prior to incarceration and post- release in a sample of male and female jail inmates. *AIDS and Behavior*, 17, 2685-2694. https://doi.org/10.1007/s10461-011-9990-2
- 8. Kleiman, E.M., **Adams, L.M.,** Kashdan, T.B., & Riskind, J.H. (2013). Grateful individuals are not suicidal: Buffering the risks of hopelessness and depressive symptoms. *Personality and Individual Differences*, *55*, 595-599. https://doi.org/10.1016/j.paid.2013.05.002
- 7. Kashdan, T.B., Ferssizidis, P., Savostyanova, A., **Adams, L.M.**, & McKnight, P.E. (2013). Failure to capitalize on sharing good news with romantic partners: Exploring positivity deficits of socially anxious people with self-reports, partner-reports, and behavioral observations. *Behaviour Research and Therapy*, *51*, 656-668. https://doi.org/10.1016/j.brat.2013.04.006

- 6. Kashdan, T.B., Farmer, A.S., **Adams, L.**, Ferssizidis, P., McKnight, P.E., & Nezlek, J.B. (2013). Distinguishing healthy adults from people with social anxiety disorder: Evidence for the value of experiential avoidance and positive emotions in everyday social interactions. *Journal of Abnormal Psychology*, 122, 645-655. https://doi.org/10.1037/a0032733
- 5. Kleiman, E.M., **Adams, L.M.**, Kashdan, T., & Riskind, J. (2013). Gratitude and grit indirectly reduce the risk of suicidal ideations, by enhancing meaning in life: Evidence for a moderated mediation model. *Journal of Research in Personality*, *47*, 539-546. https://doi.org/10.1016/j.jrp.2013.04.007
- Kashdan, T.B., Adams, L., Kleiman, E.M., Pelham, W.E., Lang, A.R., Jacob, R.G., Blumenthal, J.D., Baumann, B.L., & Gnagy, E.M. (2013). Stress-induced drinking in parents of boys with attention-deficit-hyperactivity disorder: Heterogenous groups in an experimental study of adultchild interactions. *Journal of Abnormal Child Psychology*, 41, 919-927. https://doi.org/ 10.1007/s10802-013-9735-y
- 3. Kashdan, T.B., **Adams, L.**, Read, J., & Hawk, L.W. (2012). Can a one-hour session of exposure treatment modulate startle response and reduce spider fears? *Psychiatry Research*, *196*, 79-82. https://doi.org/10.1016/j.psychres.2011.12.002
- 2. Kashdan, T.B., **Adams, L.M.**, Savostyanova, N., Ferssizidis, P., McKnight, P.E., & Nezlek, J.B. (2011). Effects of social anxiety and depressive symptoms on the frequency and quality of sexual activity: A daily process approach. *Behavior Research and Therapy, 49,* 352-360. https://doi.org/10.1016/j.brat.2011.03.004
- 1. Ferssizidis, P., **Adams, L.M.**, Kashdan, T., Plummer, C., Mishra, A., & Ciarrochi, J. (2010). The roles of age and gender in motivation for and commitment to social values. *Motivation & Emotion*, *34*, 354-362. https://doi.org/10.1007/s11031-010-9187-4

## **INVITED COMMENTARIES**

- 4. Dixon, L.B., Lewis-Fernandez, R., Isom, J., Bellamy, C., Gaba, A., Rossom, R.C., **Adams, L.**, Legha, R., Carlo, A.D., Sokol, Y., & Norquist, G.S. (2022). Reporting on and reviewing for race, ethnicity, and culture. *Psychiatric Services*. Advance online publication. https://doi.org/10.1176/appi.ps.20220099
- 3. \*Hunt, A.D., & **Adams, L.M.** (2022). Health care access alone falling short of health care equity. *Psychiatric Services*, *73*(2), 210 211. https://doi.org/10.1176/appi.ps.202100441
- 2. **Adams, L.M.**, & \*Hunt, A.D. (2019). Complexities in late-stage HIV diagnosis. *American Journal of Public Health*, 109(11), 1486 1487. https://doi.org/10.2105/AJPH.2019.305322
- 1. **Adams, L.M.,** & Simoni, J.M. (2016). The need for multi-level mitigation of medical mistrust among social network members contributing to antiretroviral treatment nonadherence in African Americans living with HIV: Comment on Bogart et al. (2016). *Social Science & Medicine, 159,* 58-60. https://doi.org/10.1016/j.socscimed.2016.04.025

#### **PUBLISHED ABSTRACTS**

1. Patel, K.V., **Adams, L.M.,** Phelan, E.A., & Turk, D.C. (2018). Group-based exercise and cognitive-behavioral skills training for older adults with osteoarthritis. *Innovation in Aging*, 2(Suppl 1), 81 – 817. https://doi.org/10.1093/geroni/igy023.3038

#### **BOOK CHAPTERS**

- 2. **Adams, L.M.** & Turk, D.C. (2022). Chronic pain: Perspective on the second wave. In A. Masuda & W. O'Donohue (Eds.), *Behavior therapy: First, second, and third waves*. Cham, Switzerland: Springer.
- 1. Mehlenbeck, R., Ernst, M., & **Adams, L.M.** (2014). Working in pediatrics. In Hunter, C., Hunter, C., & Kessler, R. (Eds.), *Handbook of Clinical Psychology in Medical Settings*. New York, NY: Springer.

# MAGAZINE ARTICLES, INVITED BLOG POSTS, & OTHER NON-PEER REVIEWED WORK

- 4. **Adams, L.M.** (2018, December). A progress assessment on the National HIV/AIDS Strategy goals. [Web log comment]. *Harvard Law & Policy Review Blog*.
- 3. **Adams, L.M.,** & Packett, B. (2018, July). Challenges to battling HIV and Hepatitis C co infection: AAHIVM members respond to HIV/HCV eradication national strategy survey. *HIV Specialist Magazine of the American Academy of HIV Medicine*, 35-37.
- 2. **Adams, L.M.** (2016, February 26). PrEP can prevent HIV/AIDS if we get it to the right people. [Web log comment]. Retrieved from https://www.grouphealthresearch.org/newsand events/blog/2016/feb/prep-can-prevent-hivaids-if-we-get-it-right-people/.
- 1. **Adams, L.M.**, Balderson, B., Packett, B., Brown, K., & Catz, S. (2015, April). Providers' perspectives on prescribing Pre-exposure Prophylaxis (PrEP) for HIV prevention. *HIV Specialist Magazine of the American Academy of HIV Medicine*, 19-25.

#### MANUSCRIPTS UNDER REVISION OR REVIEW

- 2. \*Carreño, P., Johnson, M., Taylor, J., Travaglini, L., Velosky, A., **Adams, L.M.**, Highland, K. (submitted). Low back pain, psychiatric comorbidity, and gendered, racialized inequities across US military health system and Veterans Administration.
- 1. **Adams, L.M.,** \*Volgenau, K.M., \*Regalario, I., & \*Hunt, A.D. (under revision). Examining the relationship between pain symptoms, mood, and wellbeing among women living with HIV.

#### **GRANT WRITING EXPERIENCE & ACTIVITY**

#### **GRANTS AWARDED**

2024 - 2026

Exploring the influence of cultural factors in the Black community about sexual health communicative behaviors among faith-based leaders and college students

Funder: George Mason University Office of Research Innovation and Economic Impact & Anti-Racism and Inclusive Excellence Implementation Team

Budget: \$50,000

Location: George Mason University & Howard University

Role: Co-Principal Investigator (Co-Principal Investigator: Davidson-Mhonde)

2024 - 2025

Influence of internalized racism on maternal mental health and infant health outcomes in Washington DC

Funder: Office of Research Innovation and Economic Impact Multidisciplinary Research Award

Budget: \$100,000

Location: George Mason University & Children's National Hospital (DC) Role: Co-Investigator (Co-Principal Investigators: Roess & Warren)

2022 - 2024

Disability identity development in the first year with spinal cord injury Funder: Craig H. Neilsen Foundation Psychosocial Research Pilot Grant

Budget: \$170,000

Location: University of Rochester Medical Center, Rochester, NY & George Mason University, Fairfax,

VA

Role: Collaborator/Subcontract Principal Investigator [Funder does not use Co-PI designation, though I contributed equally to grant conceptualization, writing, and to implementation]; (Principal Investigator of Record: Madathil)

record: madde

2022 - 2023

Marginalized/minoritized communities, health equity, and Medicaid telehealth policy

Funder: National Institute for Health Care Management Foundation

Budget: \$54,919

Location: George Mason University, Fairfax, VA

Role: Co-Investigator [Funder does not use Co-PI designation, though I contributed equally to conceptualization/writing and to implementation]; (Principal Investigator of Record: Cuellar)

2021 - 2022

Chronic pain self-management among women living with HIV: The missing role of stigma

Funder: Faculty Research and Development Award College of Humanities and Social Sciences, George

Mason University Budget: \$9,761

Location: George Mason University, Fairfax, VA

Role: Principal Investigator

2019 - 2024

Randomized controlled trial evaluating an innovative community-based intervention combining group-based exercise and behavioral health skills-training for older adults with painful knee osteoarthritis

(Grant #: R01 AG060992)

Funder: National Institute on Aging

Budget: \$3,057,017

Location: University of Washington, Seattle, WA & George Mason University, Fairfax, VA

Role: Co-Investigator (Principal Investigator: Patel)

2017 - 2018

Borderline personality and inmates' post-release substance abuse and HIV risk behavior

(Grant #: R01 DA038128-03S1)

Funder: National Institute on Drug Abuse, NIH Minority Supplement Award

Budget: \$85,091

Location: George Mason University, Fairfax, VA Role: Faculty-level investigator (Sponsor: Tangney)

2010 - 2013

HIV risk behavior in recently released jail inmates: The roles of perceived risk, community

connectedness, and community disorder (Grant #: F31 DA029393)

Funder: National Institute on Drug Abuse, Ruth L. Kirschstein National Service Research Award

Budget: \$84,828

Location: George Mason University, Fairfax, VA Role: Principal Investigator (Sponsor: Tangney)

#### GRANT SUPPORTED POSITIONS & FORMAL CONSULTATION

2022 - 2026

Impact of the COVID-19 pandemic on safety net performance, disparities, and vulnerable children (Grant #: R01 HD109327)

Funder: National Institute of Child Health and Human Development

Location: George Mason University

Role: Consultant

2021 - 2022

Food security and mental health among low-income mothers

Funder: College of Agriculture and Life Sciences (CALS) Strategic Plan Advancement 2021 Integrated

Internal Competitive Grants Program Location: Virginia Tech, Blacksburg, VA

Role: Consultant (Principal Investigator: Misyak)

2015 - 2016

Expanding treatment of chronic pain in older adults: Community-based exercise + cognitive behavioral

therapy (Grant #: A89849) Funder: American Pain Society

Location: University of Washington, Seattle, VA

Role: Cognitive-behavioral therapist & Consultant (Principal Investigator: Patel)

2014 - 2016

Combined behavioral and analgesic trial for fibromyalgia (COMBAT-FM)

(Grant #: R01 AR059102)

Funder: National Institute of Arthritis and Musculoskeletal and Skin Diseases

Location: University of Washington, Seattle, WA

Role: Cognitive-behavioral therapist (2014 – 2016), Consultant (2016) (Principal Investigators: Turk,

Dworkin, Robinson)

2014 - 2016

Healthcare improvement for aging women (Grant #: T32 AG027677)

Funder: National Institute on Aging, National Research Service Award (T-32)

Location: Group Health Research Institute (now Kaiser Permanente Health Washington Research

Institute), Seattle, WA

Role: Postdoctoral research fellow (Principal Investigator: LaCroix)

## PEER-REVIEWED CONFERENCE PRESENTATIONS

<sup>\*</sup>denotes graduate student co-author at time of submission

\*\*denotes undergraduate/post-bac student co-author at time of submission ^denotes equal contribution

## PAPER PRESENTATIONS, PANELS, SYMPOSIA, & DISCUSSIONS

- 25. **Adams, L.M.**, Hotz, A.N., Billings, N., Broomfield, R.R., Ohayagha, C., McGill, L.S., & Carter, M.A. (2024, February). African Diaspora SIG: Professionalism and cultural considerations where is the line? Panel presentation submitted to the annual meeting of the American Psychological Association Division 22 [Rehabilitation Psychology].
- 24. Kratz, A., Bogart, K., Shen, J., **Adams, L.**, & Klyce, D. (2024, February). Real talk with the Rehabilitation Psychology editorial team: Journal vision, look behind-the-scenes, and do's-and-don'ts for getting published. Panel presentation submitted to the annual meeting of the American Psychological Association Division 22 [Rehabilitation Psychology].
- 23. Esposito-Smythers, C., Wolff, J., López, R., **Adams, L.**, Fischer, S., & Spirito, A. (2023, October). Moderators of adolescent suicidal ideation severity in a randomized controlled trial comparing a family-focused cognitive-behavioral intervention to enhanced treatment-as-usual. Oral presentation accepted at the International Summit on Suicide Research. Barcelona, Spain.
- 22. \*Liebe, R., Adams, L., Hedrick, V., Serrano, E., Porter, K., Cook, N., & Misyak, S. (2022, November). Understanding the relationship between child food insecurity and maternal mental health among Virginia mothers with food-insecure children. Oral presentation accepted at the American Public Health Association Annual Meeting. Boston, MA.
- 21. Cattaneo, L., & **Adams, L.M.** (2022, August). Strategies for facilitating productive student engagement in social justice oriented teaching. Skill-building session presented at the annual meeting of the American Psychological Association. Minneapolis, MN.
- 20. Kukyendall, L., Cattaneo, L., & **Adams, L.M.** (2021, September). *Teaching about societal problems: Strategies for engaging and supporting students*. Panel & roundtable discussion at the annual Innovations in Teaching and Learning conference. Fairfax, VA.
- 19. **Adams, L.M.** (2021, August). *Getting to know rehabilitation psychology: Our past, our present, and our future.* Panel discussion at the annual meeting of the American Psychological Association. San Diego, CA.
- 18. **Adams, L.M.** (2021, August). Examining the impact of co-occurring symptoms among older adults using three analytic techniques. Symposium presented at the annual meeting of the American Psychological Association, online due to COVID-19.
- 17. \*Volgenau, K.M., \*Hunt, A.D., & Adams, L.M. (2021, August). A network analysis of co-occurring symptoms among community-dwelling older adults. In L.M. Adams (Chair), *Examining the impact of co-occurring symptoms among older adults using three analytic techniques*. Symposium paper presented at the annual meeting of the American Psychological Association, online due to COVID-19.
- 16. \*Hunt, A.D., \*Volgenau, K.M., \*Regalario, I., & **Adams, L.M.** (2021, August). Patterns of symptom co-occurrence among community-dwelling older adults: A latent class analysis. In L.M. Adams (Chair), *Examining the impact of co-occurring symptoms among older adults using three*

- *analytic techniques*. Symposium paper presented at the annual meeting of the American Psychological Association, online due to COVID-19.
- 15. **Adams, L.M.** (2021, February). Panelist. In E. Eichenbaum (Chair), *How to build affirmative and inclusive mentoring relationships during the global pandemic as a rehabilitation psychologist: Challenges and lessons learned.* Workshop at the annual meeting of the American Psychological Association Division 22 [Rehabilitation Psychology], online due to COVID-19.
- 14. **Adams, L.M.,** Del Piero, L., Derbidge, C.M., & Perrin, P.B. (2020, February). *An offer in hand–now what?: Advocating for yourself during the negotiations process.* Panel discussion at the annual meeting of the American Psychological Association Division 22 [Rehabilitation Psychology], San Diego, CA.
- 13. **Adams, L.M.** (2020, February). Panelist. In J. Klepper (Chair), *Interviewing skills workshop for rehabilitation psychology trainees and early career psychologists*. Panel discussion at the annual meeting of the American Psychological Association Division 22 [Rehabilitation Psychology], San Diego, CA.
- 12. Diener, C., Adams, L.M., Hattery, A.J., Smith, E., & Stabile, B. (2019, November). *Gender based violence: Feminist research, policy, pedagogies and activism & advocacy.* Symposium presented at the annual meeting of the National Women's Studies Association, San Francisco, CA.
- 11. **Adams, L.M.** (2019, August). Panelist. In A. Hughes (Chair), *ECP perspective in achieving tenure and promotion across professional settings*. Panel discussion at the annual meeting of the American Psychological Association, Chicago, IL.
- 10. **Adams, L.M.** (2016, November). Panelist. In A. Miller (Chair), *Looking forward: A panel discussion on diversity in clinical psychological science*. Panel discussion at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 9. Folk, J.B., Warden, R., Stuewig, J., **Adams, L.M.**, & Tangney, J.P. (2013, November). The feasibility and acceptability of an Impact of Crime Workshop. In J. Tangney (Chair), *Malleable psychological predictors of jail inmates' post-release functioning: Implications for intervention*. Symposium conducted at the annual meeting of the American Society of Criminology, Atlanta, GA.
- 8. Kleiman, E.M., Kashdan, T.B., **Adams, L.M.**, & Riskind, J.H. (2012, November). Grit and gratitude as interactive resilience factors in suicide. In Z. Adams (Chair), *Informing transdiagnostic models of psychopathology: Implications for behavior change*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 7. Kashdan, T.B., **Adams, L.M.**, Farmer, A., Ferssizidis, P., McKnight, P.E., & Nezlek, J.B. (2012, November). Sex, particularly pleasurable and intimate sex, reduces the daily symptoms of socially anxious adults: An experience sampling investigation. In J. Richey (Chair), *The role of positive emotions in social anxiety disorder: Behavioral and neurobiological evidence for a new treatment approach*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 6. Kashdan, T.B., Farmer, A., **Adams, L.M.**, Ferssizidis, P., & McKnight, P.E. (2012, November). Distinguishing healthy adults from people with social anxiety disorder via daily social interactions. In A. Menatti (Chair), *Heterogeneity in social anxiety disorder: Expanding conceptualizations*.

- Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 5. **Adams, L.M.**, Stuewig, J., & Tangney, J.P. (2010, November). "It won't happen to me": Exploring the relationship between perceived susceptibility to HIV/AIDS and HIV risk behavior in a sample of incarcerated adults. In J. Stuewig (Chair), *Risky sex and drugs: Jail inmates pre-and post-incarceration behaviors*. Symposium conducted at the annual meeting of the American Society of Criminology, San Francisco, CA.
- 4. Tangney, J.P., Stuewig, J., **Adams, L.M.,** Kendall, S., Mashek, D., & Hastings, M. (2010, November). Pre-incarceration HIV risk of jail inmates with psychopathy and borderline personality features: Differential mediation? In J. Stuewig (Chair), *Risky sex and drugs: Jail inmates pre- and post-incarceration behaviors*. Symposium conducted at the annual meeting of the American Society of Criminology, San Francisco, CA.
- 3. Adams, L., Ferssizidis, P., Plummer, C., Birnbeck, M., Mishra, A., Ciarrochi, J., & Kashdan, T.B. (2010, March). *The role of motivation and commitment to relationship values on well-being: Age and gender considerations*. Paper presented at the annual meeting of the Virginia Social Science Association, Richmond, VA.
  - \*\*Best Student Presentation Award to co-presenters Adams & Ferssizidis
- 2. Kashdan, T.B., Breen, W.E., Terhar, D., & Adams, L. (2009, November). Delving into the sex lives of people with elevated social anxiety: Sexual history and experience-sampling approaches. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 1. O'Brien, E., Adams, L., & Hirschman, A. (2007, May). Racial identity development in Asian Americans and Latino Americans: A methodological presentation. Presentation given at the University of Richmond Arts & Sciences Student Symposium, Richmond, VA.

## POSTER PRESENTATIONS

- 30. \*Hinagpis, C.L., \*Regalario, I., Patel, K.V., & **Adams, L.M.** (2023, August). Psychosocial correlates of physical functioning among older adults with knee osteoarthritis. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- 29. \*Regalario, I., \*Hinagpis, C.L., & **Adams, L.M.** (2023, August). Decline-related distress in Mexican American caregivers exploring caregiver-receiver relationships. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- 28. Madathil, R., **Adams, L.M.**, & \*Tozser, T. (2023, August). The Rehabilitation Active Participation Scale (RAPS): A tool for assessing participation. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- 27. Madathil, R., **Adams, L.M.**, & \*Adut, S.L. (2023, August). Characteristics of developing disability identity in individuals with newly acquired SCI/D. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- 26. \*Regalario, I., \*Hinagpis, C.L., & Adams, L.M. (2023, February). Caregiver stress and depressive symptoms: The mediating role of the caregiver-receiver relationship. Poster presented at the annual meeting of Division 22 Rehabilitation Psychology, Austin, TX.

- 25. \*Volgenau, K.M., \*Regalario, I., \*Hunt, A.D., & **Adams, L.M.** (2023, February). *Examining the relationships between pain and wellbeing among women living with HIV: A psychological network analysis*. Poster presented at the annual meeting of Division 22 Rehabilitation Psychology, Austin, TX.
  - \*Best Poster Award from Section 2 Women's Issues in Rehabilitation
- 24. \*\*Hoffman, E.V., Gell, N.M., **Adams, L.**, Phelan, E.A., & Patel, K.V. (2022, May). *Barriers and facilitators of exercise participation among rural older adults with symptomatic knee osteoarthritis*. Poster presented at the annual University of Washington Medicine Department of Anesthesiology and Pain Medicine Academic Evening, Seattle, WA.
- 23. \*Hokes, K., & **Adams, L.M.** (2021, February). *The longitudinal development of post traumatic growth among adult burn injury survivors in the United States*. Poster presented at the annual meeting of Division 22 Rehabilitation Psychology. [conference online due to COVID-19]
  - \*Outstanding trainee research finalist & selected to give oral presentation
- 22. \*Hunt, A.D., & **Adams, L.M.** (2020, June). Substance use and perceptions of need and seeking treatment for a past year major depressive episode: Results from the 2017 National Survey of Drug Use and Health. Poster presented at the annual conference of AMERSA, Boston, MA.
- 21. \*\*Murphy, S., \*Hunt, A.D., & **Adams, L.M.** (2020, May). *PrEParing to prescribe PrEP: A latent class analysis of barriers to PrEP implementation*. Poster presented at the annual conference of the Society for Prevention Research, Washington, D.C. [conference canceled due to COVID-19]
- 20. \*Shawkat, R., Kornienko, O., & Adams, L.M. (2019, October). A systematic review of religion and culture as predictors of social identity, psychological adjustment, and belonging among immigrants from middle eastern and North African countries in the United States and Europe. Poster presented at the annual meeting of the Society for Study of Emerging Adulthood, Toronto, Canada.
- 19. **Adams, L.M.**, Agtarap, S., Hughes, A.J., Patel, F., & Sung, C. (2019, August). *Division 22 early career psychologists' implementation of personal self-care practices and ongoing needs*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- 18. Madathil, R.L., **Adams, L.M.**, & Tozer, T. (2019, February). *Assessing participation: The Rehabilitation Active Participation Scale (RAPS)*. Poster presented at the annual meeting of the American Psychological Association Division 22 (Rehabilitation Psychology), Lake Buena Vista, FL.
- 17. **Adams, L.M.** (2018, May). *Neighborhood socioeconomic disadvantage and former jail inmates' HIV testing behavior*. Poster presented at the annual meeting of the Society for Prevention Research, Washington, D.C.
- 16. \*Defayette, A.B., **Adams, L.M.,** \*Whitmyre, E.D., \*Williams, C.A., & Esposito-Smythers, C. (2018, May). *What characteristics of first suicide attempts predict subsequent suicidal behavior?* Poster presented at the Association for Psychological Science, San Francisco, CA.
- 15. \*Whitmyre, E.D., **Adams, L.M.,** \*Defayette, A.B., \*Williams, C.A., & Esposito-Smythers, C. (2018, May). *Do high-risk adolescents receive the mental health services in the community that are*

- appropriately targeted to their diagnoses? Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- 14. **Adams, L.M.,** & Patel, K.V. (2018, February). Feasibility, acceptability, and preliminary efficacy of a combined group-based behavioral health and exercise program for older adults with osteoarthritis. Poster presented at the annual meeting of the American Psychological Association Division 22 (Rehabilitation Psychology), Dallas, TX.
- 13. **Adams, L.M.** & Balderson, B.H. (2016, April). Pre-Exposure Prophylaxis (PrEP) for some?: *HIV care providers' likelihood to prescribe PrEP for HIV prevention differs by patient type*. Poster presented at the annual meeting of the Society for Prevention Research. San Francisco, CA.
- 12. Bombardier, C., **Adams, L.**, Fann, J., Takahashi, M., & Hoffman, J. (2014, September). Depression trajectories during the first year after SCI. Poster presented at the Educational Conference and Expo of the Academy of Spinal Cord Injury Professionals. St. Louis, MO.
- 11. Rich, K., Malouf, E., **Adams, L.**, Witt, E., Stuewig, J., & Tangney, J. (2013, June). *Exploring the relationship between psychopathy and behavioral measures of cognitive, executive, and emotional functioning*. Poster presented at the annual meeting of the Society for the Scientific Study of Psychopathy. Washington, DC.
- 10. Miller, A.B., Adams, L.M., Esposito-Smythers, C., Thompson, R., & Proctor, L. (2013, May). *Peers or parents? Interpersonal mediators of the relationship between child maltreatment and suicidal ideation.* Poster presented at the annual meeting of the Association for Psychological Science. Washington, DC.
- 9. **Adams, L.M.**, Stuewig, J.B., Tangney, J.P., & Kashdan, T.B. (2012, May). BPD features moderate jail inmates' perceived susceptibility to HIV and post-release HIV risk. Poster presented at the annual meeting of the Association for Psychological Science. Chicago, IL.
- 8. Kleiman, E.M., Adams, L.M., Kashdan, T.B., Riskind, J.H., Alwine, A, & Cisler, D. (2012, May). Gritty individuals are not suicidal individuals: Grit as a protective factor in suicide. Poster to be presented at the annual meeting of the Association for Psychological Science. Chicago, IL.
- 7. Kleiman, E.M., Riskind, J.H., **Adams, L.M.**, & Kashdan, T.B. (2012, May). Dispositional and explanatory optimism as synergistic protective factors in suicide. Poster presented at the annual meeting of the Association for Psychological Science. Chicago, IL.
- 6. **Adams, L.M.**, Stuewig, J., & Tangney, J. (2012, February). The measurement of HIV risk: Methodological considerations & the application of a new measure. Poster presented at the Behavioral & Health Interventions conference. Fairfax, VA.
- 5. **Adams, L.M.,** Stuewig, J., & Tangney, J. (2011, October). HIV risk behaviors and perceptions of susceptibility to HIV/AIDS among jail inmates. Poster presented at the annual conference of Addiction Health Services Research, Fairfax, VA.
- 4. Nightingale, V.R., Witt, E., Stuewig, J., **Adams, L.**, & Tangney, J. (2011, October). Characteristics of borderline personality disorder: Differentially predicting HIV-risk behavior in a corrections population. Poster presented at the annual conference of Addiction Health Services Research, Fairfax, VA.

- 3. Adams, L.M., Kendall, S., Smith, A., Quigley, E., Stuewig, J.B., & Tangney, J.P. (2011, January). HIV risk behaviors of male and female jail inmates prior to incarceration and one year post-release. Poster presented at the Center for Advancing Correctional Excellence (ACE!) Symposium with Prison Fellowship and U.S. Senator Jim Webb: Undoing the Effects of Mass Incarceration, Fairfax, VA.
- 2. Nguyen, T., Kashdan, T.B., Marquart, R., & Adams, L.M. (2010, November). What makes people angry? Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies convention, San Francisco, CA.
- 1. **Adams, L.** (2008, May). The effects of racial salience and anxiety on career indecision and career decision-making self-efficacy in college students. Poster presented at The University of Richmond Arts & Sciences Student Symposium, Richmond, VA.

## RESEARCH MEDIA COVERAGE

- 4. Interviewed for "With Good Reason" podcast episode "The health gap" on healthcare and health disparities among people living with HIV. (2022, February 18). https://www.withgoodreasonradio.org/episode/the-health-gap/
  \*Airs weekly on 113 public radio stations
- 3. Interviewed for and NIHCM-funded research on Medicaid telehealth policy during COVID-19 featured in George Mason University's news outlet, *The George*. (2022, February 9). https://www.gmu.edu/news/2022-02/nihcm-grant-recipients-takes-collaborative-approach-health-equity-medicaid-telehealth
- 2. Interviewed for George Mason University's news outlet, *The George*, on research impact and SCHEV Outstanding Faculty Award. (2021, December 16). https://www.gmu.edu/news/2021-12/two-mason-named-outstanding-faculty-award-recipients-schev
- 1. Interviewed for KBTC-TV (PBS Tacoma, WA affiliate) on the mental health impact of COVID-19 on older adults. (2021, March 10). https://www.pbs.org/video/nwn-digital-first-older-americans-study-5huozj/

## INVITED PRESENTATIONS

- 19. **Adams, L.M.** (2023, June [virtual]). Keeping the momentum of DEI efforts within your organization. Invited panel discussion for MedStar Health webinar series. Washington, DC.
- 18. **Adams, L.M.** (2023, May [virtual]). This talk is about pain. Invited didactics presentation for the VA Maryland Health Care System Internship Program. Baltimore, MD. \*Voted Top Didactics Presentation of the Year by Internship Cohort
- 17. **Adams, L.M.** (2023, April [virtual]). A crash course in statistics what you need to know as a research-informed physician. Invited rounds presentation for the University of Rochester Medical Center Physiatry Medical Residency Program. Rochester, NY.
- 16. **Adams, L.M.** (2021, May [virtual]). Adverse childhood experiences. Invited lecture given for Virginia Family Nutrition Program Professional Development webinar series, Blacksburg, VA.

- 15. **Adams, L.M.** (2021, May [virtual]. Stigma, HIV, & the Southern United States. Invited talk for George Mason Social Action and Integrative Learning (SAIL) Alternative Break participants, Fairfax, VA.
- 14. ^Adams, L.M., ^Lindley, L., ^Chollar, R., & ^Baez, F. (2020, December [virtual]). Before COVID-19: HIV/AIDS. Invited talk for World AIDS Day event sponsored by George Mason Women & Gender Studies Program, African & African American Studies, & LGBTQ+ Resources, Fairfax, VA.
- 13. **Adams, L.M.** (2020, December [virtual]). Research methods and statistics for physicians. Invited talk given to resident physicians at the University of Rochester Medical Center, Rochester, NY.
- 12. **Adams, L.M.** (2020, March). Conducting research in the medical setting. Invited talk given to resident physicians at the University of Rochester Medical Center, Rochester, NY.
- 11. **Adams, L.M.** (2019, July). Key considerations in psychoeducational assessment. Invited talk given to professional staff (lawyers, social workers, advocates) at the Children's Law Center, Washington, DC.
- 10. **Adams, L.M.** (2018, February). Helping clients adopt a new way of being: Key considerations in adjustment to chronic illness/injury. Invited talk given to Integrated Behavioral Health track of American School of Professional Psychology at Argosy University, Arlington, VA.
- 9. **Adams, LM.** (2015, April). Neurocognitive effects of HIV. Invited talk given to neuropsychology seminar of University of Washington/Harborview Medical Centers (graduate). Harborview Medical Center, Seattle, WA.
- 8. **Adams, L.M.** (2014, November). Psychopathy. Guest lecture given to Diagnosis and Assessment course (graduate), Seattle University, Seattle, WA.
- 7. **Adams, L.M.** (2014, February). Culture, spirituality, and disability. Guest lecture given to Rehabilitation Psychology course (undergraduate), Seattle University, Seattle, WA.
- 6. **Adams, L.M.** (2014, January). Neurocognitive effects of HIV. Invited talk given to neuropsychology seminar of University of Washington/Harborview Medical Centers (graduate). Harborview Medical Center, Seattle, WA.
- 5. **Adams, L.M.** (2013, November). Prosocial and antisocial relationships. Guest lecture given to Introduction to Psychology course (undergraduate), Seattle University, Seattle, WA.
- 4. **Adams, L.M.** (2012, November). HIV/AIDS and incarceration: National trends and the GMU jail studies. Guest lecture given to HIV/AIDS: Concepts, Principles, and Interventions course, George Mason University, Fairfax, VA.
- 3. **Adams, L.M.** (2012, November). Psychopathic personality: Controversies in assessment. Guest lecture given to Theories of Personality course, George Washington University, Washington, DC.
- 2. **Adams, L.M.**, & Mehlenbeck, R. (2011, December). Taking charge of holiday stress. Invited talk given at "Type I Friends" family meeting of the Inova Fairfax Diabetes Center.

1. **Adams, L.M.** (2011, April). So you want to go to graduate school in clinical psychology? Invited talk given to psychology honors' students. University of Richmond, Richmond, VA.

#### **TEACHING**

## Associate Professor, George Mason University

1. Gender, culture, & health in the U.S. (undergraduate)

Fall 2023 (1 section) -10 students

2. *Biological bases of behavior* (graduate)

Spring 2024 (1 section) – 12 doctoral students

## **Assistant Professor**, George Mason University

1. Advanced statistics & research methods (graduate)

Fall 2016 (1 section) – 25 students

Fall 2018 (1 section) – 28 students

Fall 2020 (1 section) [online due to COVID-19] – 23 students

Fall 2021 (1 section) -25 students

2. Gender, culture, & health in the U.S. (course created for George Mason University; undergraduate & graduate; converted to be offered as undergraduate only beginning in 2020 due to popularity)

Spring 2017 (1 section) – 15 students

Fall 2018 (1 section) -13 students

Spring 2020 (1 section) [transitioned online due to COVID-19] – 14 students

Fall 2021 (1 section) – 20 students

3. Biological bases of behavior (course created for George Mason University and first taught as "neurobiological bases of behavior & fundamentals of neuropsychology"; graduate)

Fall 2017 (1 section) – 14 doctoral students

Spring 2022 (1 section) – 10 doctoral students

4. Black psychology (course created for George Mason University; undergraduate & graduate)

Spring 2018 (1 section) – 25 students

Fall 2020 (1 section) [online due to COVID-19] – 27 students

Fall 2022 (1 section) – 18 students

5. Abnormal psychology (undergraduate)

Spring 2018 (1 section) – 46 students

Spring 2019 (1 section) – 40 students

6. Feminist research practice (undergraduate & graduate)

Spring 2019 (1 section) – 6 students

7. Feminist research methods (undergraduate & graduate)

Spring 2021 (1 section) [online due to COVID-19] – 23 students

Spring 2023 (graduate only) – 16 students

## **Co-Instructor**, George Mason University

1. Scientific Writing & Data Analysis (undergraduate)

Spring 2010 (1 section) – 4 students

**Graduate Instructor**, George Mason University 1. *African-American Psychology* (undergraduate) Summer 2009 (1 section) – 12 students \*Outstanding Graduate Instructor Award

**Undergraduate Teaching Fellow**, University of Richmond
1. *Introduction to Psychological Science Laboratory* (undergraduate)
Fall 2006- Spring 2008 (10 sections) – 8-12 students per section

#### **SERVICE**

## **EDITORIAL SERVICE**

Editorial board, *Rehabilitation Psychology* (2024 – present) Editorial Fellow, *Rehabilitation Psychology* (2022 – 2023) Editorial board, *Behavioral Medicine* (2020 – present) Editor's Advisory Group on Structural Racism, *Psychiatric Services* (2020 – present)

Ad-hoc reviewer, journals: AIDS & Behavior; AIDS Care; AIDS Patient Care & STDs; American Journal of Public Health; Archives of Physical Medicine & Rehabilitation; Behavioral Medicine; Depression & Anxiety; Emotion; Evaluation & the Health Professions; Health Education & Behavior; Journal of Aging and Health; Journal of Behavioral Medicine; Plos One; Psychiatric Services; Rehabilitation Psychology; Social Science & Medicine; Substance Abuse; Substance Abuse & Misuse; Translational Issues in Psychological Science

## PROFESSIONAL SERVICE & MEMBERSHIPS

2023 – present	Mentor, Artificial Intelligence/Machine Learning Consortium to Advance Health Equity and Researcher Diversity (AIM-AHEAD) Research Fellows Program, National Institutes of Health AIM-AHEAD Research Fellow: Benjamin Corriette (Computer Science doctoral student, Howard University)
Summer 2023	External Reviewer, Artificial Intelligence/Machine Learning Consortium to Advance Health Equity and Researcher Diversity (AIM-AHEAD) Research Fellows Program, National Institutes of Health
2021 – present	<b>Member</b> , African Diaspora Special Interest Group, Division 22: Rehabilitation Psychology, American Psychological Association <i>Co-chair</i> (appointed): 2023 – present
2020 – 2022	<b>Early Career Representative, Executive Committee [elected]</b> , Division 22: Rehabilitation Psychology, American Psychological Association
2019 – 2023	<b>Division 22 Science Chair [appointed]</b> , American Psychological Association 2020 – 2022 Conventions
2018 – 2020	Chair [appointed], Early Career Psychologists Special Interest Group (ECP-SIG), Division 22: Rehabilitation Psychology, American Psychological Association

2015 – present	<b>Member</b> , Division 22: Rehabilitation Psychology, American Psychological Association
2010 – present	Member, American Psychological Association
DEPARTMENTAL &	& UNIVERSITY SERVICE
2023 – present	Graduate committee, Psychology Department, George Mason University
2023 – present	Undergraduate committee, Psychology Department, George Mason University
2023 – present	<b>Department chair search committee</b> , Psychology Department, George Mason University
2022 – present	Institutional Faculty Mentor, Artificial Intelligence/Machine Learning Consortium to Advance Health Equity and Researcher Diversity (AIM-AHEAD) Research Fellows Program, National Institutes of Health AIM-AHEAD Research Fellow: Natasha Tonge, PhD (Clinical Psychology)
2022 – present	Faculty Evaluation Committee, Women & Gender Studies Program, George Mason University
2021 – 2021	Center for Psychological Services intake coordinator search committee, George Mason University
2020 – 2021	CHSS Diversity Cluster Hire (COMM/WGST/AFAM) faculty search committee, George Mason University
2020 – 2021	Medical Students Committee [Provost appointed], Liaison Committee on Medical Education (LCME), George Mason University
2019 – present	<b>Faculty sponsor</b> , Black Graduate Students Association, George Mason University
2018 – present	Quantitative Methods Training Committee, Psychology Department, George Mason University  Co-Chair (appointed): 2022 – 2023  Chair (appointed): 2023 – present
2016 – 2022	<b>Diversity, Equity, &amp; Inclusion Committee</b> , Psychology Department, George Mason University
2016 – 2022	<b>Executive Committee</b> , Women & Gender Studies Program, George Mason University
2016 – present	<b>Diversity Resource Committee</b> , Clinical Psychology Program, Psychology Department, George Mason University
2016 – 2020	Membership Committee Co-Chair. Women & Gender Studies Program.

	George Mason University
2018 – 2019	Rehabilitation science faculty search committee, Department of Rehabilitation Sciences, George Mason University
2018 – 2019	Applied developmental psychology faculty search committee, Psychology Department, George Mason University
2017 – 2019	Gender-based violence undergraduate certificate development team, Awarded Provost's Curriculum Impact Grant (CIG) to develop gender- based violence curriculum, George Mason University
2013 – 2015	<b>Diversity Advancement Committee</b> , Psychology Pre-Doctoral Internship Program, University of Washington
2008 – 2010	<b>Student Liaison</b> , Clinical Psychology Program, Department of Psychology, George Mason University
2008 – 2009	<b>Diversity Committee,</b> Graduate student representative, George Mason University, Fairfax, VA
2005 – 2008	Oliver Hill Scholars Admission Committee, University of Richmond, Richmond, VA

#### **ADVISING**

## PRIMARY ADVISEES

## PhD in Clinical Psychology:

Transferred 2022 Patricia Carreño (co-mentor)

Entered 2022 Cristopher "Lance" Hinagpis

Entered 2020 Irene Regalario

2018 – 2024 Kara Hokes

2018 – 2024 Kristina Volgenau

2017 - 2023 Aaron D. Hunt

## Master of Interdisciplinary Studies – Women & Gender Studies Concentration:

2017 – 2022 Meaghan Rachal

2016 – 2018 Lyla Byers

## **DISSERTATION COMMITTEES**

Johanna Folk (clinical psychology)

Fallon Goodman (clinical psychology)

David Disabato (clinical psychology)

Caitlin Williams (clinical psychology)

Mayra Parada (applied developmental psychology)

Angelique Williams (applied developmental psychology)

Hannah Markell (industrial-organizational psychology)

Veronica Garrison-Joyner (writing & rhetoric – health communication)

Stephanie Hargrove (clinical psychology)

Emily Alexoudis (clinical psychology)

Rachel Nelson (Virginia Tech – nutrition)

Jason Feinberg (clinical psychology)

DaSean Young (applied developmental psychology)

Lobna Elsarafy (rehabilitation science)

Catyana Falsetti (sociology) [in progress]

Aaron Hunt (clinical psychology) [Chair]

Kristina Volgenau (clinical psychology) [Chair]

Kara Hokes (clinical psychology) [Chair]

Ronada Hewitt (writing & rhetoric) [in progress]

Eleanor Spiedel (clinical psychology) [in progress]

Margaret Webb (clinical psychology) [in progress]

Isabella Lalena (cognitive behavioral neuroscience) [in progress]

## MASTER'S THESIS/PROJECT COMMITTEES

Lyla Byers (women & gender studies) [Chair]

Emani Walke (interdisciplinary studies – social justice & human rights)

Arika Kern (women & gender studies)

Kalia Harris (interdisciplinary studies – social justice & human rights)

Taylor Graham (interdisciplinary studies – social justice & human rights)

Aaron Hunt (clinical psychology) [Chair]

Reem Shawkat (applied developmental psychology)

Ashley Harris (interdisciplinary studies – social justice & human rights)

Kara Hokes (clinical psychology) [Chair]

Kristina Volgenau (clinical psychology) [Chair]

Melody Kujat (women & gender studies)

Elexus Bucknell (sociology)

A'Lexus Blue (interdisciplinary studies – social justice & human rights)

Meaghan Rachal (women & gender studies) [Chair]

Lexi Haddad (interdisciplinary studies – social justice & human rights)

Sarah Metcalfe (women & gender studies) [in progress]

Irene Regalario (clinical psychology) /Chair/

Cristopher "Lance" Hinagpis (clinical psychology) [Chair] [in progress]

Matt Grinberg (women & gender studies) [in progress]

Jasmine Rose (applied developmental psychology) [in progress]

Riley Conklin (interdisciplinary studies – social justice & human rights) [Chair] [in progress]

#### COMPREHENSIVE EXAM COMMITTEES

Mayra Parada (applied developmental psychology)

Angelique Williams (applied developmental psychology)

DaSean Young (applied developmental psychology)

Veronica Garrison-Joyner (writing & rhetoric – health communication)

#### UNDERGRADUATE PSYCHOLOGY HONORS THESIS COMMITTEES

Shannon Murphy [Chair]

Nathan Hacker [Chair]

Evelyn Smith [Chair]

Jasmine Rose

Bendu Jackson

Kylee Kennerly

Tiffany Elyse Bell

Madison Ellison-Potter

David Song [Chair] [in progress] Kayleigh Fenton

## UNDERGRADUATE THESIS COMMITTEES

Arlyn Marshall [Bachelor's in Integrative Studies Sponsor]