

Nayiri Boghossian

Rowan Center for Behavioral Medicine
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EDUCATION

Psy.D.

California School of Professional Psychology, Alliant International University

San Diego, California, May 2024

Clinical Psychology, PsyD

APA Accredited Program

M.A.

California School of Professional Psychology, Alliant International University

San Diego, California, May 2022

Master of Arts

B.A.

University of California, Irvine

Irvine, California, July 2019

School of Social Ecology

Bachelor of Arts in Psychology & Social Behavior

Glendale Community College

Glendale, California, May 2018

INTERNSHIP EXPERIENCE

November 2024- Present

Psychological Associate

Rowan Center for Behavioral Medicine

Supervisor: Lilit Abraamyan-Chaidez, Psy.D.

- Provide individual and group therapy sessions in an outpatient/telehealth setting and attend weekly supervision meetings.
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INTERNSHIP EXPERIENCE

August 2023- July 2024

Professional Psychology Intern

Southern Illinois University, Counseling and Psychological Services (CAPS)

APA Accredited

Training Director: Marquitta Bowman, Psy.D.

Supervisors: Jamie Clark, Ph.D., Robert Grimmer, MS, LCPC, CRADC, and Ian Cusson, Ph.D.

Area of concentration - Dialectical Behavioral Therapy (DBT)

- Conducted 45-60 minute individual therapy sessions, brief crisis counseling sessions, and mandated sessions. Developed treatment plans for short-term and long-term clients utilizing DBT, cognitive behavioral therapy (CBT), humanistic therapy, psychodynamic therapy, and motivational interviewing (MI).
- Co-facilitated weekly DBT psychoeducation groups.
- Conducted comprehensive intake assessments, administered full battery assessment, and wrote an integrative report.
- Liaised with University Housing staff and The Higher Education Resources and Opportunities for Salukis in Need (HEROES) to provide outreach and resources supporting community mental health.
- Engaged in weekly staff meetings, didactic seminars, and DBT consultation meetings.
- Provided clinical supervision to practicum students, delivered quarterly evaluations, and provided clinical feedback on supervisees' progress to their programs DCT.

PRACTICUM EXPERIENCE

June 2022- June 2023

Practicum Student

Aurora Behavioral Health Center

Supervisor: Marie Secrist, Ph.D. and April Barnett, PsyD

- Facilitated group therapy for active-duty service members, adult civilians, and adolescents in an acute psychiatric hospital setting, utilizing DBT, CBT, and Yalom-based process groups across inpatient and intensive outpatient programs.
- Conducted 45–60-minute individual therapy sessions for inpatient active-duty service members; developed treatment plans using CBT, DBT, and MI, administered pre- and post-measures to track progress, and completed discharge summaries.
- Administered full battery assessments and authored reports to clarify diagnostic and neurocognitive findings.

August 2021- May 2022

Practicum Student

Vista Balboa Crisis Center

Supervisor: Rachel Bader, Psy.D.

- Conducted comprehensive intake assessments to collaborate with community services and assist clients with continuing care.
- Provided brief individual therapy to individuals diagnosed with severe mental illness utilizing DBT, MI, and CBT.
- Co-facilitated group therapy, utilizing skills from DBT and CBT.
- Utilized training to conduct thorough risk assessments and respond to crises.
- Participated in weekly Utilization Reviews to assess clients' progress and current needs.

January 2021- August 2021

Practicum Student

Center for Applied Psychology and Services (CAPS), CBT Wing

Supervisor: Steven Thorp, Ph.D.

- Shadowed sessions conducted by an advanced student to deepen understanding of CBT prior to managing a caseload.
- Conducted individual therapy sessions using CBT and prolonged exposure therapy (PE).
- Administered assessment measures, including the MINI, PCL-5, and GAD-7.
- Attended weekly group and individual supervision.

RELEVANT WORK EXPERIENCE

June 2022-December 2022

On-call Peer Support Specialist II

Vista Balboa Crisis Center

Supervisor: Maria Alcorn, ASW

- Provided milieu therapy, crisis interventions, and supportive check-ins with clients.
- Conducted individual therapy sessions and facilitated group therapy sessions
- Supervised new employees during individual therapy sessions and assisted practicum students with preparing for intake assessments.

December 2019-October 2020

Behavior Interventionist

360 Behavioral Health

California Psychcare

- Provided one-on-one telehealth and in-home services to adolescent and adult clients diagnosed with Autism Spectrum Disorder (ASD).
- Utilized individualized service care plans to target, master, and track the client's daily goals with positive reinforcement.
- Built rapport with the clients and their families by providing feedback and discussing their progress.

RESEARCH EXPERIENCE

August 2021- Present

Dissertation

California School of Professional Psychology, San Diego, California

Title: The Influence of Age and Gender on the Relationship Between Social Media, Relationship Satisfaction, and Self-Esteem

Chair: Liana Abascal Ph.D., MPH, DipACLM, Faculty Chair

PSYCHOLOGICAL ASSESSMENT EXPERIENCE

- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory (BDI-II)
- Color-Word Interference Test
- Comprehensive Trail-Making Test (CTMT)
- Delis-Kaplan Executive Function System (D-KEFS)
- General Anxiety Disorder-7 (GAD-7)
- Millon Clinical Multiaxial Inventory-IV (MCMI-IV)
- Mini-International Neuropsychiatric Interview (M.I.N.I.)
- Minnesota Multiphasic Personality Inventory (MMPI-A, MMPI-2, MMPI-3)
- Montreal Cognitive Assessment (MoCA)
- Pittsburgh Sleep Quality Index (PSQI)
- Posttraumatic Stress Disorder Checklist (PCL-5, PCL-7, PCL-M)
- Rotter Incomplete Sentence Blank (RISB)
- Semi-Structured Interview
- Thematic Apperception Test
- Vanderbilt Assessment Scales

- Wechsler Adult Intelligence Scale- Fourth Edition (WAIS-IV)
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SUPERVISION EXPERIENCE

September 2023- Present

Clinical Supervisor

Southern Illinois University, CAPS

- Provided individual clinical supervision to first-year practicum students.
- Assisted in developing case conceptualization skills by reviewing recorded therapy sessions, provided constructive feedback, and collaborated to identify strengths and growth areas.
- Conducted quarterly evaluations and delivered clinical feedback on the supervisee's progress to their DCT programs.

January 2023- April 2023

Supervisor

Alliant International University

- Facilitated group supervision to first-year practicum students.
 - Assisted in developing their case conceptualization skills and reviewed ethical considerations.
 - Explored various evidence-based therapeutic orientations and effective treatment strategies.
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VOLUNTEER

July 2019-September 2019

Intern

Think Together

Portola Middle School

- Think Together is a nonprofit organization that offers students an after-school program; the classes range from robotics to tutoring and creativity.
 - Facilitated classes as a substitute teacher and provided additional assistance to faculty members by utilizing creativity and organization skills to advance classrooms and materials.
 - Collaborated with staff members to assist with registration and applications for prospective students and took the initiative to create roll call sheets to streamline drop-off and pick-up of the children.
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SCHOLARSHIPS, RECOGNITIONS & PROFESSIONAL AFFILIATIONS

- Southern Illinois University, Air Force ROTC
 - Mental Health Presentation- Coping Strategies and Military Readiness
- Southern Illinois University, HEROES
 - Mental Health Presentation- Conducted an interactive discussion on the importance of self-care, incorporating a self-care activity to enhance participants involvement
- Douglas Young Community Research Foundation
 - Multicultural Guest Presenter- Clinical Implications for Armenian Clients (2021)
- California School of Professional Psychology
 - Impact Scholarship Recipient (2020)

TRAINING & CONTINUING EDUCATION

- Telepsychology Best Practice 101: Legal, Regulatory & Ethical Rule of the Road (2023)
- Cognitive Processing Therapy (2023)
- Child Abuse Assessment and Reporting in California (2022)
- CPR & First Aid Certified (2022)
- Trauma-Focused Cognitive Behavioral Therapy (2021)
- Integrating Social Ecological Approaches to Adolescent Substance Use in Systems of Care (2020)
- Building Resilience Through Work-Life Balance (2020)
- Reconnection: The Sexual Health Needs of Pre-Menopausal Breast Cancer Survivors (2020)
- A Fundamental Mindset to Help You Build A Meaningful Helping Career and Avoid Burnout (2020)

LANGUAGES

- Bilingual- Native speaker of English and Armenian.