



TERI HASTINGS. PHD:

Licensed clinical psychologist with 25 years of dedicated practice in psychotherapy and neuropsychological/psychological assessment using evidence-based therapy (CBT, ACT, mindfulness). Expertise in serving diverse populations. During the COVID pandemic, contributed invaluable service in a public health capacity with Washington state. Have now transitioned back to an outpatient clinical psychological setting.

PROFESSIONAL HISTORY:

Rowen Center for Behavioral Health. Clinical Psychologist (2024 – current)

Washington Department of Health. Outbreak Support Specialist (2020 - 2024)

- Investigated COVID-19 outbreaks in individuals and facilities, contributing to Washington's response effort. Educated the public on proactive action and prevention strategies, ensuring compliance with state and federal guidelines, and maintaining adherence to HIPAA practices.
- Responded to client inquiries and concerns with professionalism, diplomacy, and tact, aligning responses with agency values.
- One of a five-member team of sexual transmitted infection (STI) investigators supporting local health jurisdictions facing funding shortages for STI case investigation and management. Consulted with reporting providers to ensure timely and accurate case reporting. Meticulously cross-referenced data between lab and facility reporting to uphold data quality standards.

Clinical Psychologist: Scovel Psychological Services, Rapid City, SD (2015-2018)

- Evidenced-based therapy (CBT, ACT, mindfulness) with adults: coping with chronic pain, managing medical conditions, geriatrics but including therapeutic support through the IVF process, family therapy, couples therapy.
- Conducted comprehensive psychological and neuropsychological assessments for both children and adults, including presurgical evaluations for organ transplant, bariatric surgery, spinal cord stimulation implants, suitability for gender-affirming care or IVF treatment. On-call psychological assessment of acute psychiatric hospital inpatients.
- Forensic evaluations: Criminal defense, personal injury, competency to stand trial, and child custody.
- Monument Health Rapid City Hospital privileges

Clinical Rehabilitation Psychologist: Monument Health Rapid City Hospital, Rapid City SD (2010-2015).

- Evidenced-based therapy (CBT, ACT, mindfulness) similar to experiences listed above. Also, caregiver stress, and delivering brief interventions for patients undergoing inpatient physical rehabilitation.

- Associate faculty in Family Medicine Residency Program: Brief assessment and therapy for primary care patients. Biweekly presentations to residents.
- Conducted comprehensive psychological and neuropsychological assessments for both children and adults, similar to those listed above. Assessment of competency and ability to live independently.

Clinical Psychologist, Private Psychological Practice, Seattle WA. (1997-2010).

- Evidenced-based therapy across the lifespan using CBT and ACT for depression, anxiety, stress, grief, PTSD, substance abuse, coparenting, divorce stress therapy.
- Conducted comprehensive psychological and neuropsychological assessments for both children and adults. Expertise included child custody, criminal defense, and personal injury legal evaluations.
- Seasoned expert witness at both state and federal levels specializing in divorce and criminal defense cases. Proficient in presenting psychological topics at legal continuing education conferences.

EDUCATION:

Ph. D. Clinical Psychology, Louisiana State University, Baton Rouge, LA.

M.A. Clinical Psychology, University of Nevada, Las Vegas, NV..

B.S. Computer Science, University of Nevada, Las Vegas, NV.

Clinical Internship: University of Washington Medical Center, Seattle WA.

- Rotations: Adult Outpatient Clinic; Adolescent Outpatient Clinic, Children's Regional Area Hospital; Parent Evaluation Training Program; Harborview Domestic Violence Program.

Postdoctoral: Director of Adolescent Inpatient Unit, Child Study and Treatment Program, Steilacoom, WA.

- Interdisciplinary team lead, inpatient assessment therapy, inpatient & outpatient child forensic evaluations, parenting evaluations.

Credentials:

Clinical Psychologist License Washington State: PY00002375

American Psychological Association Membership: 73380093

Recent Continuing Education:

Obtained 65 CEs between 2022 and 2024 with focus on telehealth, ethics, diversity/equity/inclusion, LBTBQ+, updates on elderly assessment and therapy; updates in psychological and neuropsychological assessment; neuropsychological telehealth, therapeutic responses to COVID-19 both short- and long-term. The neuroscience underpinnings of anxiety disorders can how to effectively use it in therapy. Documentation provided upon request.

Community Psychological Presentations (Most recent only)

Hastings, T. L. (2014) Assessment of Mild Traumatic Brain Injury, Family Medical Residents at Rapid City Regional Hospital Residency Program

Hastings, T. L. (2013) Assessment of Mild Traumatic Brain Injury and CTE, annual conference for the South Dakota Association of School Psychologists

Hastings, T. L. (2009) Executive Functioning and Impact on Thinking and Behavior, Rapid City Regional Hospital Regional Medical Conference

Hastings, T. L. (2002) Collaborative Divorce Team Process: Is it Feasible in Washington? CLE Presentation for Washington State Trial Lawyers.

Hastings, T. L. (2001) Child Custody and Visitation in Washington. CLE Presentation sponsored by National Business Institute.

Hastings, T. L. (2000-2001) Ongoing presentations to Seattle area high school students on Violence Prevention in the Schools.

Hastings, T. L. (2000) Natural Helpers Training (student counselors for students), Sammamish High School.

Hastings, T. L. (2000) King County Family Court Services presentation on Parenting Plans for Children with Special Needs, Regional Justice Center.

Hastings, T. L. (1999) The Psychology of Divorce. CLE Presentation on Parenting Plans for Children with Special Needs, King County Bar Association.

Hastings, T. L. (1998) The Psychology of Divorce. CLE Presentation on Child Sexual Abuse Evaluations, King County Bar Association.

Publications:

Flowers, A., Hastings, T. L., & Kelley, M. L. (2000). Development of a screening instrument for exposure to violence in children: The KID-SAVE. Journal of Psychopathology and Behavioral Assessment, 22, 91-104.

Hastings, T. L., & Kelley, M. L. (1997). Development and validation of the Screen for Adolescent Violence Exposure (SAVE). Journal of Abnormal Child Psychology, 25.

Hastings, T. L., Anderson, S. J., and Hemphill, P. (1997). Coping, daily hassles, problem behavior, and cognitive distortions in adolescent sex offenders and conduct-disordered youth. Sexual Abuse: A Journal of Research and Treatment, 9, 29-42.

Hastings, T. L., Anderson, S. J., and Kelley, M. L. (1996). Gender differences in coping, stress, and problem behavior in conduct-disordered youth. Journal of Psychopathology and Behavioral Assessment, 19, 213-226.

Hastings, T. L., & Kelley, M. L. (1995). Development of a measure of adolescent violence exposure. Grant funded by the Office of Public Health, Department of Health and Hospitals: New Orleans, LA.

Hastings, T. L., & Kern, J. M. (1994) Relationship between bulimia, childhood sexual abuse, and family environment. International Journal of Eating Disorders, 15, 103-111.

Kern, J. M. , & Hastings, T. L. (1995). Differential family environments of bulimics and victims of childhood sexual abuse: Achievement orientation. Journal of Clinical Psychology.